



Sarah B. Hargrove

Sarah B. Ebron Hargrove is a retired Registered nurse. She graduated from Westbury High school in 1966. She went on to receive an AAS in Nursing in 1971, a BS in Nursing in 1982, and MS in Nursing Education in 2010. Ms. Hargrove retired in 2014 after working in critical care nursing and Head Nurse of ICU. She was also a school nurse for five years from 1978 to 1983. Her love for her profession, her skills, dedication and compassion shown in caring for her patients was evident. Her nursing awards include Nursing Service Excellence Award, Award of Excellence for Outstanding Personal Performance and the Florence Nightingale Award for Nursing Excellence.

Ms. Hargrove joined the military in 1986. She was assigned to the Army Nurse Corp of the USAR for 22 years with ranks as, 2LT, 1LT, CPT and ultimately MAJ, training junior officers and enlisted soldiers. She demonstrated strong leadership abilities as OIC of ICU and OIC of Training in her military units. While assigned to the 344th Combat Support Hospital, she developed an approved Anatomy and Physiology program. Officers taught enlisted soldiers in a classroom setting and a practical setting using the Simulated Man for hands-on training. This program helped prepare the enlisted soldiers for deployment to Iraq. The military schools that she completed were the: AMEDD Officer Basic Course (1987), AMMEDD Officer Advance Course (1991), and Command and General Staff College (2004). Through-out her years in the military she received several military awards including Certificates of Achievement. The U.S. decorations/badges she received were the: Army Service Ribbon (1987), Army Reserve Component Achievement Medal (1990), Army Commendation Medals (1993 and 2005), and Army Achievement Medal (2003). She retired from the United States Army Reserves in 2008.

Ms. Hargrove is active in her church, The First Baptist Cathedral of Westbury, and volunteers to support community events. During the Covid-19 Pandemic in 2020 she volunteered with Island Harvest giving food packages to the needy in several communities. She also volunteers at the food pantry at the American Legion in Queens, N.Y., serving veterans and the community and the soup kitchen and food pantry at her church. Ms. Hargrove is a member of The National Association of Black Military Women, The Sigma Theta Tau International Honor Society of Nursing, the Reserves Officers Association lifetime member, and the New York Nurses Association Retiree Program.